



DANE-ZAA ADISHTL'SH



November 2020

DOIG RIVER FIRST NATION

MESSAGE TO THE COMMUNITY FROM JACK ASKOTY

I, Jack Askoty, would like to thank the Band for building my mansion on the hill. Last fall (2019), Kevin Geist, Howard Attachie, Andy Cardinal, and Vern Davis built me a little cabin (16x16) at Peterson Crossing (Pine River). I stayed there part-time all winter in December 2019. I made a runway and built a sled for my grandchildren - like the ones we used to make, they sure enjoyed going sledding. They were having so much fun, their mother joined them. I remembered how much fun I had as a young lad doing the same (knee high to a grass hopper). My granddaughter said, "Come on Grandpa," so, I joined them for a couple of rides.

I want to thank those that encouraged me when I needed it the most during the hardest time of my life; I lost my niece and ex-wife a month apart and nearly lost my daughter and son too. I just about gave up on life. I really want to say thank-you all to my friends and above all, to my family that stood behind me through these trials and tribulations. Love one another, encourage each other. (*Life is too short* - I lost my older sister this year...it seems like only a couple of days ago I was sledding down the same hill, over 60 years ago. Now I am going down that old hill pretty fast (getting older). (*Continued next 2 pages*)



INSIDE THIS ISSUE

Message from Jack.....	1-3
Beaver Language.....	3
Our New Van!.....	4
Nat'l Addictions Awareness Week.....	4
Ray Bath.....	5
Health & Social Dept.....	6-7
Masks & Hearing Aids.....	8
Health Reminders.....	9
Trapping Today.....	10-12
Self-Care Calendar.....	13
Baily Helicopter.....	14
Employment, Training & Education.....	15
Job Postings.....	16-19
Safety Training	19
Housing Dept.....	20-21
Lands Dept.....	22-26
Culture & Lang Dept... ..	28-29
Birthdays.....	30
Health Fair.....	31
Community Scrapbook.....	32



MESSAGE TO THE COMMUNITY FROM JACK ASKOTY (CONT'D.)



Anyway, in the springtime I moved fulltime to my sugar shack or mansion on the hill. All summer I worked on the grounds, making a little garden and planting potatoes, carrots, peas, corn, rhubarb, tomatoes and blueberries. Potatoes and carrots turned out not bad for the first year, other veggies not so well, and no berries this summer (too much rain).

Anyways, the summer sure passed by fast! In mid-June I had a visitor; a black bear facing me 25 ft away with ears back. I waved my arms and hollered at him and he took off, but he came back during the night. He went to visit Ferlin across the creek. This was a mistake because Ferlin sent him to happy hunting grounds, where good animals go to.

For the people who say life is boring if you create something for yourself like hobbies you will soon enjoy whatever you are doing. You will get better and better. It takes a lot of practice to get good at whatever you are doing. You do

not get good overnight. Whenever I get lonely, I go for a walk on them old pack trails remembering the good old days, gone by many moons ago. This year was not a good year for herbs that are growing on the ground. I did not pick much, like I did in the past. My daughter, grandchildren, and I did other picking throughout the summer. I am teaching them about bush life. Now I am getting ready for Mr. Winter again. This time I would like to go out on the trapline and teach whoever wants to learn on just a little short line.

Shirley Oker and her husband stayed a couple of months at Peterson crossing. I really enjoyed their company during the summer.

Garry and I took out some young people and went from Mile 35 (Milligan Creek) back down to Peterson Crossing on the old pack trails. It sure was lot of fun for me. Three policemen tagged along. *(Continued next page)*



MESSAGE TO THE COMMUNITY FROM JACK ASKOTY (CONT'D.)



This fall we went to Prophet River to teach how to make drums and had a visit with some Fort Nelson families at their camping ground at Snake River Village. They invited us (Garry, Sam, Les, Robert, Trail and I).

I want to encourage you people out there...

- ♦ Life is short, make the best of it each day
- ♦ Give a smile as no one is perfect
- ♦ Pray daily
- ♦ Nothing to be ashamed of, yesterday is gone
- ♦ Tomorrow is another day, think of a way to make it good for you and others



Visit me anytime you want. I am easy to get along with - I do not bite.

So, for now, happy trails and may god bless you all.

BEAVER LANGUAGE PRACTISE



Introductions and Farewells

I haven't seen you for a long time.
Let me shake your hand.

What is his name?
His name is Nelson.

What is your name?
My name is Jim-Bob.

Where does he come from?
He comes from Blueberry.

Where do you come from?
I come from Doig.

Tghch'e dqts'gh ajq nas'g.
Nglaa' uushúúdg.

Je aa uuye.
Nelson laa uuye.

Je aa uunaye.
Jim-Bob laa uuzhe.

Je dqts'gh aach'g.
Blueberry dqts'gh aach'g.

Je dqts'gh aanach'g.
Doig dqts'gh asch'g.





OUR NEW VAN!

The Doig Van (DV) was acquired through our community agreement with Tervita Corporation for the purposes of assisting community members to travel to Fort St. John for doctor appointments, shopping trips, training, field trips, exercise groups, social and recreational events, elder's gatherings and field trips.

DRFN Administration will be planning a scheduled weekly route for members.

The van will be driven by staff and/or members who have been approved by administration and have provided their drivers' abstract.



Canadian Centre
on Substance Use
and Addiction

NATIONAL ADDICTIONS AWARENESS WEEK

NOV 22-28, 2020

The theme for NAAW this year is "Change Begins with Me"

Last year's campaign of "Stigma Ends with Me" was highly successful and we are looking for a way to expand upon this success for this year.

"Change Begins with Me" is an extension of that concept that can relate to other areas substance use and not just stigma."

Indeed, stigma is an underlying theme but not the main area of focus this year as we will be putting the focus on both different substances and how making changes can make an impact in all areas. We will be dedicating each day of NAAW to facts about different substances and addiction and highlight suggested CCSA publications or resources that could be helpful in relation to that substance.

The possible suggested themes for each day include (in no order): Stigma Cannabis COVID-19 Meth Opioids Gambling/Addiction Alcohol Addiction is real/journey to wellness is real We will also be running a role model campaign that week through social media with suggested ways be people can make a change (i.e. Talk to your HR department about instituting a substance use policy at work). Check out the information and resources for this event after November 10th on CCSA's website or Facebook page.



RAY BATH—BLUEY DAY CHAMPION



You might not know too many people who only get their hair cut once and year and even if you did, you might be hard pressed to find someone who does this specifically to raise money to fight cancer! But if you've had the good fortune to meet DRFN member Ray Bath, then you probably do know all about his annual Bluey Day haircut and his consistent dedication to raising funds to fight cancer.

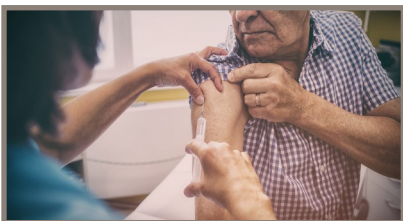
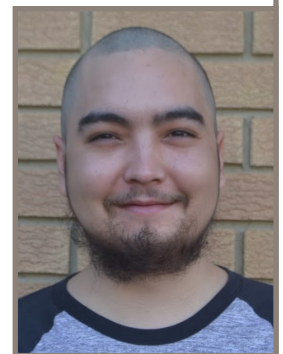
Ray has been participating in Bluey Day every year since 2013 in memory of his father who passed away from lung cancer. "Bluey Day is a good way to help the community and the people around town bring cancer equipment to Fort St. John Hospital. This is so families won't have to travel so far to receive treatment," said Ray.

"It's something that I can do my part to help out," Ray Bath

Bluey Day is an annual fundraiser of the Fort St. John Hospital Foundation. Participants register to *Be Brave and Shave* and to raise funds for the Cancer Diagnostic and Treatment Fund through their family and friends' support. On Bluey Day, they have their hair shaved. This special event is for participants and donors to show their support for those who have been touched by cancer in some way or another as well as to increase locally available medical technology so patients don't have to leave home for treatment. The event is to give hope, to reflect and remember loved ones, and to raise awareness.

Thanks to Ray's loyal commitment to this cause, he has raised a grand total of \$8,462.50!

"Ray is among 700 participants who have joined Bluey Day since 1999. He continues to inspire the Fort St. John Hospital and other Bluey Day participants through his quiet and strong leadership. We really appreciate his efforts and willingness to be an amazing ambassador for this cause," says Niki Hedges, the Foundations Executive Director.



DON'T FORGET TO GET THE FLU SHOT



We often think of "the flu"—short for influenza—as being "no big deal," but every year in BC it causes serious illness, many hospitalizations and even deaths. The good news is that there is a safe and effective vaccine that may prevent you from getting seriously ill with the flu and requiring hospital care. The flu vaccine is recommended every year, especially for those at high risk of serious illness such as Elders, babies over six months of age, and people with chronic medical conditions. It is also recommended for healthy people who care for or visit those most at risk for complications from the flu.



HEALTH AND SOCIAL DEPARTMENT



Hello Everyone

Just wanting to give a shout out to everyone who is struggling with the lockdowns during this time of the coronavirus. For some, this time is really dragging on and it is not easy, but hang in there!

We know it has been hard for everyone not to gather as we are accustomed to but remember to reach out when you are feeling down or alone.

Amie, Teresa and I are only a phone call or text message away. If you can't reach us right away, keep trying and we will get back to you.

Try your hand at a new craft you have been wanting to learn. Read books, start writing - if that is something you are interested in doing. Write letters to family or friends you haven't seen in awhile. Try some new exercises or go for short walks. Breathe.

Just remember that you are not alone!

The Health & Social Development Department are busy working on creative ways to help keep everyone connected, as are all the other departments at DRFN. We care about you and we are missing you all! We miss seeing your faces, hearing your laughter and sharing the hugs.

Remember to be safe, wash your hands, wear your masks when necessary and above all else, be kind.

Wind at your backs,

Teree

get it?
Amie if
to have
Shingles
I be held
here will
allowed.
be pre-
se who
out.

Amie before
th, 2020



HEALTH AND SOCIAL DEPARTMENT



The past few weeks have gone by quickly. Teen meetings started on Tuesday evenings and we have had great turnouts! Madeline Oker attended our last meeting and taught the kids how to introduce themselves and make greetings in Dane-zaa Zaage. The meetings usually include a snack and sharing circle. Davide Loro coordinates a physical activity or game with the teens as well. I am checking into activities for this winter (skiing, ice-fishing, bowling and swimming). I will keep you posted. I have asked our teens to think about a name for their group and once we have this we can look at jackets or hoodies with their group name embroidered on the item.

On Thursday evenings we host Homework Night. Attendance is small so far, but that is okay. Not everyone wants to come to the office to do homework, although it is a good place to focus, the internet works well plus there are yummy snacks and drinks! I am currently working on a tutoring program and I hope to have it going soon.

Thank you to those parents who filled out their school surveys. The gift cards have been sent out and now we can implement your ideas for planning.

Future programs or events in the planning stage are: Ladies Crafting & Sewing, Culture Day, and NID Kids Activities, to name a few.

Our department is working on the Health Fair for November 12, there will be different tables set up including a Smoothie Sample Bar and prizes! We hope to see you there!

Teresa



**Did you know....that if you need it,
DRFN Administrative Office has a toll free number
1-888-344-9997**



SIX TIPS FOR USING A MASK WHILE WEARING HEARING AIDS



Wearing a face mask and practicing physical distancing are among the best ways to protect against [COVID-19](#).

The most common masks have loops that go behind the ears to keep them in place. Masks with ear loops can be tricky for people who wear hearing aids. A hearing aid can fall out if it gets caught in the loop or the wearer accidentally knocks it out when removing the mask. A hearing aid is easy to lose if it falls out while walking outside—for example, in the street, parking lot, grass or snow.

Here are six tips for keeping hearing aids from falling out while wearing a mask. (And remember to always wash hands with soap and water or use hand sanitizer before fitting or removing a hearing aid or mask.)

1. When unlooping a mask from behind the ears, stand still and slowly remove one loop at a time. Standing still enables you to see where the hearing aid lands if it falls out.
2. Remove the mask in the same place every time, such as inside a car, home entrance way or living room. If a hearing aid falls out, it will be easier to find in an enclosed space.
3. Sew a button on each side of a headband or ball cap, or on each end of a flat strip of cloth to make an 'ear saver'. Hook the ear loop over each button to secure the mask to the ear saver. (These headbands are also available for sale in some pharmacies).
4. Buy or [sew a mask](#) that ties around the back of the head instead of the ears. This design can be found in stores, through craft sellers and online.
5. If sewing isn't an option, grab a t-shirt and a pair of scissors and [make a t-shirt mask](#).
6. Tie long hair into a pony tail, braid or bun and crisscross the loops around it. If the loops are too short, make two ponytails or braids and loop the mask around them.

Elders with limited hand dexterity may find it hard to tie and untie straps or attach loops to small buttons. Larger buttons or elasticized straps are easier to handle.



NOVEMBER HEALTH REMINDERS

DOCTOR DAY CLINICS:

November 4th, 2020 - 10:00 - 2:00

November 18th, 2020 - 10:00 - 2:00



Please contact Nurse Amie prior to the clinic date to book an appointment. No walk ins allowed.



Mental Health/Addictions Services:

Alfred - November 25th , 2020 in Doig

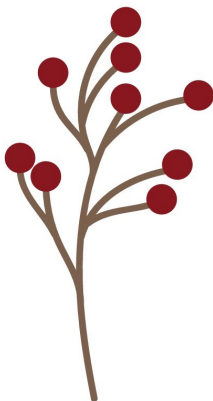
Shamalla - by phone 250-329-7696

KUU-US (24hr Crisis Support) - 1-800-588-8717

FLU SHOT CLINICS: (in the Gymnasium)

November 4th, 2020 - 10:00 - 2:30

November 18th, 2020 - 10:00 - 2:30





2020-2021 FUR PRICES

TRAPPING TODAY'S FUR MARKET FORECAST

September 19, 2020 by Jeremiah <https://trappingtoday.com>

Overview

There just isn't anything good to say about the fur market going into the 2020-2021 trapping season. The confluence of an oversupply of ranched fur, soft demand due to slowing economies in China and Russia and rock bottom oil prices, and finally the COVID-19 pandemic that rocked economies worldwide and put travel to a halt, have combined to essentially stop the fur market in its tracks this year.

We've been in a tough fur price environment for the past few years, and I have predicted in the past few fur market forecasts that we'd see a bottom in 2019-2020 and fur demand and prices would begin to recover thereafter. That was before COVID. The coronavirus pandemic hit at the absolute worst time for the fur market, and the fallout will likely mean we're in for low fur prices for quite a bit longer than expected.

Low fur prices have already claimed North America's largest fur auction house, North American Fur Auctions, which went bankrupt earlier this year. Fur Harvesters Auction was the last remaining place for wild fur harvesters to ship their product to be auctioned off to international buyers. In March 2020, FHA's scheduled auction, which would offer a large portion of the 2019-20 harvested fur product, was not allowed to take place due to COVID-19 restrictions imposed by the Canadian govern-

ment. Instead, FHA held their first ever online auction, which was a feat in itself. The folks at Fur

Harvesters should be commended for their hard work and adaptability in putting on this online auction. Unfortunately,



though, there was very little interest from the international market. The poor demand was likely a combination of the inability to see the fur items in person and the poor outlook for fur retail sales due to economic conditions. Very little fur sold and prices were poor.

With encouragement from buyers, FHA scheduled a wild fur auction for late August, hoping the pandemic would have subsided by then and things could resume as normal. Unfortunately that wasn't the case. While Canadian buyers could attend this live auction, international travel was still not possible, with the Canadian border closed. The August 2020 auction went on with domestic buyers, many of who were taking bids over the phone from international buyers during the auction.

Results of the FHA August 2020 Fur Auction

Coyotes were the only item that experienced active bidding, and the interest was only in heavy western coyotes. This was likely driven by demand from Canada Goose, which recently announced it would stop buying virgin wild fur to line its parkas in a couple of years. The best Western coyotes averaged \$77, a considerable drop from last year's prices, but still a bright spot in an otherwise poor market.



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2020-2021 FUR PRICES

TRAPPING TODAY'S FUR MARKET FORECAST (CONT'D)

Lower quality Western coyotes went for \$30-40, and the rest of the coyotes offered were mainly unsold. The few that did sell didn't do well. For instance, I had a 3X-2X I HVY C-D Eastern coyote that went for \$18. The same pelt would have brought 2 to 3 times that price a year ago. Four of my smaller Easterns averaged \$8 in the March sale. After the high end parka trim orders were mostly filled, buyers stopped bidding.

Beaver - about a quarter of the offering sold, averaging \$14. The demand for the hatter market that we've seen create a strong, albeit low, floor for the market did not appear to be present in this sale.



Beaver castor - this was a bright spot, as the demand for castor, which is heavily used outside of the fur industry, continues to be high. Depending on grade, castor ranged from \$80-110/lb.

Muskrat - about half sold, averaging \$2.50.

Otter - about a quarter sold, averaging around \$15.

Marten - about 50% sold, averaging \$20. Marten in the Lower 48 did very poorly (my Maine marten averaged \$7.60).

Bobcat - around 15% sold for a \$150 average. This represented a mix of some better quality Westerns as well as the lower quality Easterns.

Lynx - about a third of the offering sold for \$42.

Skunk - 60% sold for a \$4 average.



Fox, raccoon, fisher and mink did not sell in any meaningful quantities and were held with all other unsold goods for future sales.

So in a nutshell, the few buyers that needed fur picked and chose what they considered to be the best values, and left the bulk of the fur at the auction house. When you go into the fur harvesting season with almost all of the previous year's harvest still waiting to be sold, you know things aren't good. The best possible outcome for the market would be to clear out the previous year's inventory so that fresh goods could meet an improving market with limited available supply. Unfortunately, this just didn't happen. In order to clear out goods in a basically dysfunctional market, most of the fur





2020-2021 FUR PRICES TRAPPING TODAY'S FUR MARKET FORECAST (CONT'D)

Summary

So here we are. The old timer trappers I've talked with recently say they have never seen prices this low. (Note: My new book, Walter Arnold, Maine Trapper provides some insight into fur prices from the 1930's, '40's and '50's). Even in the fur crash of the 1980's, prices were higher than this. When will we see a recovery? It's anybody's guess right now. There's no doubt that these low prices will have far fewer trappers out in the field this fall and winter, meaning the market won't be flooded with supply. But there will be fur harvested. Many recreational trappers will harvest fur no matter the price, and necessary animal damage control trapping will result in fur byproduct that would still be better on the market than be put to waste. This year's harvested fur will compete for buyers with the unharvested pelts from previous years sitting at auction houses or in cold storage facilities of large fur buyers. All of this points to the fact that we'll need a strong uptick in international demand in order for fur prices to recover. This means economic recovery, diminishing coronavirus impacts, higher oil prices, and an economically stronger consumer in the fur consuming countries. How long this will take is anybody's guess. Until then, stay tuned and keep your chin up!

An Alternative Market

They say every dark cloud has a silver lining, and with crisis comes opportunity. The opportunity I see in this de-

pressed fur market is the fact that it will force many of us to seek alternative markets for the fur we produce. This is a challenge, but requires us to learn to be marketers, get creative and seek ways to add value to a product that

otherwise is considered a commodity. In my book, *Fur Profit*, I briefly discussed several ways trappers can add value to their fur. Some ideas include tanning fur pelts and



TOBACCO SALES

Reminder:

Tobacco sales are **ONLY Tuesdays** at the Band Administration Office
10 a.m.–2 p.m.





NOVEMBER

2020

SUN MON TUE WED THU FRI SAT

1 MOVEMBER 	2 write down a goal for the MONTH	3 BAKE for a ELDER	4 BUY FLOWERS	5 say NICE things to YOUR SELF	6 ORGANIZE 1 space	7 Sleep ^{zzz} in
8 HAVE a healthy break-fast	9 TAKE a BATH	10 Call a friend or loved one	11 LEST WE FORGET	12 DRINK lots of WATER	13 TAKE & SHARE a Selfie	14 GO FOR A DRIVE
15 Watch YOUR favourite movie	16 Sit OUTSIDE & enjoy THE SILENCE	17 meditate -OR- YOGA	18 CHECK OFF 3 THINGS FROM YOUR TO-DO LIST	19 Bake something	20 GET AT LEAST 30 minutes OF exercise	21 Give someone a Compliment
22 #NAAW NATIONAL ADDICTIONS AWARENESS WEEK	23 ADD a COZY item to your office	24 Take care of Your NAILS	25 #CHANGE BEGINS WITH ME	26 START A FEEL GOOD ripple	27 BUY yourself SOMETHING NICE	28 #NAAW NATIONAL ADDICTIONS AWARENESS WEEK
29 EAT healthy	30 Learn a traditional word OR Phrase	<p>From their website:</p> <p>"Mental health and suicide prevention, prostate cancer and testicular cancer – we're taking them all on. Since 2003, Movember has funded more than 1,250 men's health projects around the world, challenging the status quo, shaking up research and motivating men to take action for their health."</p> <p>GROW A MO Patchy, lopsided, itchy or epic – whatever Mo you grow this Movember, your face will raise funds and awareness for men's health.</p> <p>MAKE A MOVE Run or walk 60km over the month. That's 60km for the 60 men we lose to suicide each hour, every hour across the world.</p> <p>HOST A MO-MENT Rally a crew and do something fun and easy - virtually. Hosting is all about having a good time for a good cause."</p> <p>More information about Movember here: https://ca.movember.com/?home</p>				



TECHNICAL EVACUATION ADVANCED AERO MEDICAL PRESENT AT BAILEY HELICOPTER



From left to right Wayne Rothlisberger, Garry Oker, Brittany Brinkworth, Shawn Stone

TEAAM (Technical Evacuation Advanced Aero Medical) presented on Friday, October 23rd at the Bailey Helicopter hanger in Fort St. John and it was amazing! Doig River First Nation is a proud equity owner in Bailey Helicopter and this is an amazing potential opportunity for our northern region.

TEAAM is a not for profit society comprised of advanced care and primary care paramedics, emergency physicians, nurses and technical rescue specialists dedicated to providing leading edge pre-hospital care and transport in austere settings. In collaboration with Bailey Helicopter, TEAAM can access patients in any setting, including remote industrial sites, forestry operations and First Nation communities. We are waiting to hear whether the funding comes through for this exciting initiative. We will keep you posted!



Have you seen the progress on our Tea Dance Arbour recently? It's really coming along!

Thanks to Howard Attachie and the Doig Crew who have been working so hard to make this project happen!



NENAS EMPLOYMENT & TRAINING

In the next few weeks, DRFN will be taking over the employment and training funding that historically was provided to NENAS on behalf of the Nation. DRFN employment and training programs and services will be enhanced because the Nation will enter a Government to Government agreement with Canada and will deliver our own employment programs and supports for membership. This is an exciting step forward for us as we have asserted jurisdiction over our own programs and now we will be able to better serve members. Stay tuned for community updates on employment and training!

POST-SECONDARY

Doig Council recently approved an updated Post-Secondary Program and Policies. The updates improve transparency and ensure as many students as possible can access funding to attend college or university. We will be sending updated copies to current students. If you are interested in receiving a copy, contact Jodie at the band office or by email at: jchapple@doigriverfn.com

EDUCATION

Local Education Agreement (LEA)

DRFN staff and Councillor Brittany have been working with School District 60 on the terms of reference for the LEA Committee. We are working hard to implement the new agreement and will be planning some parent/student education meetings this winter.

It's Rock Your Mocs Week from November 15-21, 2020.

The original day was November 15th and that's still the main day, but this gives people a chance to wear them even longer.

Take a pic and post with [#ROCKYOURMOCS](https://www.instagram.com/rockyourmocs)



Rock Your Mocs is an opportunity to be united and celebrate tribal individuality by wearing moccasins. We honor our ancestors, and indigenous people worldwide. We also commemorate National Native American Heritage Month.



JOB OPPORTUNITY

Doig River First Nation is seeking an Administrative Assistant

Job Purpose

The DRFN Administrative Assistant is the first point of contact in our office whether via telephone or face to face. This position requires someone with excellent communication and interpersonal skills to attend to visitors as they enter and to assist individuals over the phone with information regarding our organization and other inquiries.

General Duties and Responsibilities

- Prepare the office in the morning for its daily operations
- Greet guests upon entering the building
- Answer the telephone - screen and direct calls as appropriate
- Take messages and deliver to appropriate individuals
- Ensure operation of equipment by completing preventative maintenance requirements; following manufacturer's instructions; troubleshooting malfunctions; calling for repairs; maintaining equipment inventories; evaluating new equipment and techniques
- Train new staff on operation of the equipment
- Assist with all clerical and administrative duties assigned
- Contact members for upcoming internal meetings
- File records and documents as delegated; maintaining an efficient documentation and filing system
- Support implementation of DRFN Information Management Policies and Procedures
- Maintain and update the community contact list
- Maintain electronic office
- Organize conference and meeting room bookings
- Co-ordinate meetings and organize catering, with the Cook
- Monitor and maintain office inventory, ordering and stocking supplies as required
- Maintain the front reception desk and sitting area to present an inviting atmosphere
- Manage distribution of cheques to individuals as per the Nation's policies and procedures
- All other duties as described in the formal job description

Qualifications –Candidates must possess the following skills and attributes:

- Excellent interpersonal communication skills and ability to work as a team player to effectively interact with co-workers, members and visitors
- Highly motivated and ability to work in demanding and professional work environment.
- Exceptional organizational and time management skills
- Self-motivated and ability to work with minimal supervision
- Knowledge of Doig River First Nation and Indigenous culture and tradition an asset
- Ability to speak Beaver (Dane-zaa) an asset
- Capable of maintaining confidentiality with a high level of accuracy regarding information details
- Working knowledge of Microsoft Word, PowerPoint, Excel, and Internet Monitoring Software as well as other public relations tools.
- Ability to operate general office equipment; switchboard telephone, fax machine, photocopier, etc.
- Complete DRFN - Fit to Work Orientation and sign off on Fit to Work Policy and Procedure



JOB OPPORTUNITY

Administrative Assistant Job Posting Continued

Working Conditions

In DRFN Administration Office, Monday - Thursday 9:00-4:30

Physical Requirements

Ability to work long hours with computer technology

Direct Reports

Band Manager


Interested persons may submit their resume and references to:

Shona Nelson, Band Manager, Doig River First Nation, Box 56, Rose Prairie, BC. V0C 2H0

snelson@doigriverfn.com

Deadline for applications is: November 20th, 2020

LAST CALL FOR THE SHINGLES VACCINE



What is Shingles?


Shingles is a painful, blistering rash caused by the same virus as Chicken Pox. Elderly people are at higher risk to have complications.

Who can get it?

Anyone over the age of 50 years old is eligible to receive the Shingles Vaccine.

How do you get it?

Contact Nurse Amie if you would like to have the vaccine. A Shingles Vaccine Clinic will be held at a later date. There will be no drop ins allowed. The vaccine will be pre-ordered for those who have reached out.



Contact Nurse Amie before November 12th, 2020



JOB OPPORTUNITY

Doig River First Nation is seeking a Land Code Coordinator

The Land Code Coordinator is a key position within the Nation's operations that is responsible for effectively managing the processes and resources required to develop and secure a successful community ratification vote for a land code that will replace the land management provisions of the Indian Act.

The Coordinator will meet the objectives of the Land Code project related to the use, occupancy and possession of Doig River First Nation land and division of interests in that land. This position is pivotal in establishing effective working relationships with individuals who share a common interest in developing and ratifying the DRFN Land Code. The successful candidate will demonstrate superior leadership, planning, project management and communication skills.

Reporting to the Band Manager, the Land Code Coordinator will also perform a senior administrative role in effectively and efficiently implementing the DRFN Land Code laws, policies, procedures and processes for on-reserve development in the future Fort St. John urban reserve.

Qualifications

Education

College or post-secondary certification would be considered an asset

High School Completion

Knowledge

Strong understanding of traditional Dane-zaa and Doig River First Nation culture, values, interests and history including Treaty 8 and treaty rights

Familiarity with the Indian Act as it pertains to Lands Management would be considered an asset

Working knowledge of word processing, spreadsheets, scanners, printers, cameras and photo manipulation software

Skills & Abilities

- Ability to establish strategic partnerships
- Excellent research and report writing skills
- Ability to develop and manage budgets
- Good teamwork, organizational, communication and interpersonal skills
- Values attention to detail
- Understanding and respect of cultural differences - committed to recognizing diversity, between and within cultural groups
- Excellent communication skills including the ability to listen, record and communicate effectively both orally and in writing in a timely manner
- Ability to act in a professional and courteous manner in tense circumstances



JOB OPPORTUNITY

Land Code Coordinator Job Posting cont'd.

Skills and Abilities (cont'd.)

- Ability to facilitate resolution of conflict in a professional and effective manner
- Demonstrated ability to exercise judgement and discretion when handling confidential information
- Ability to prioritize tasks
- Excellent time management and scheduling skills
- A strong interest in continual learning
- Good computer skills- working knowledge of Microsoft Word, Excel and PowerPoint

Required Certifications

BC Class 5 Driver's License

Interested persons may submit their resume and references to:

Shona Nelson, Band Manager, Doig River First Nation, Box 56, Rose Prairie, BC. V0C 2H0

snelson@doigriverfn.com

Deadline for applications is: November 20th, 2020

EMPLOYMENT & TRAINING

SAFETY TRAINING

December 1-4, 2020 at Doig River First Nation

Email Jodie if you would like more information.

jchapple@doigriverfn.com





HOUSING AND PUBLIC WORKS DEPARTMENT

Garbage Landfill

This week the community garbage dump was cleaned up. While we realize this is only the garbage area, this is still part of our community and we ask that people have respect for this area and the land that it occupies.

If the bins are full, do not dump your bags on the ground, this makes a mess and attracts dangerous animals.

Let us know if the bins need to be dumped and we will contact the company.



Renovation Projects

During the summer we were able to replace fifteen roofs with funding that we received.

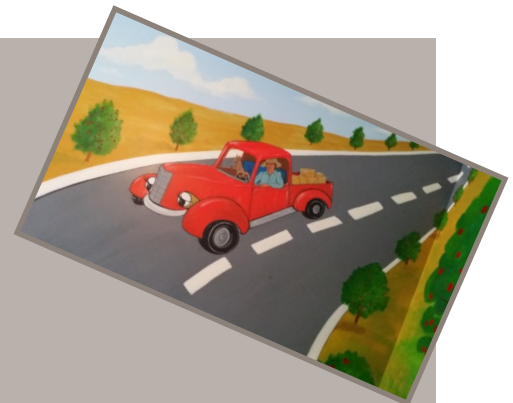
We are currently in the process of working with both ISC and CMHC for further funding that will potentially allow us to do various renovations in 33 on-reserve homes to ensure the safety of our residences and tenants.



Road Safety

That time is upon us again! Please - everyone **SLOW DOWN** when driving in the community. We have members that walk within the community both day and night, as well as children coming and going from the buses. We try our best to maintain the roads in a timely fashion, however we do depend on a local agreement for sanding the roads - until they can come out, our community roads can be icy.

If you are one of the residents that is walking, help drivers out too! Make sure you can be seen! Wear reflective clothing at night, not black. Walk on the side of the road and give drivers space to go by you safely. Let's all be courteous to one another.



Winterizing/Hydro Retrofit Program

The guys are currently going to the Elders' homes and installing energy efficient products that we received through our On-Reserve Retrofit Agreement, as well as winterizing the interior of homes and cleaning chimneys.

Non-elder residences (on-reserve) will also be receiving these packages.





HOUSING AND PUBLIC WORKS DEPARTMENT



Ways to Lower Your Hydro Bill

- Burn wood when possible
- Put plastic on your windows
- Keep your furnace at a comfortable setting
- when you turn it on and off, it uses more electricity/ propane
- Install LED lights in your home and for decoration (i.e. Christmas lights)
- Turn off lights and unnecessary items when not needed
- Make your house a home - it takes more electricity to heat a building that is bare or empty than one that is furnished
- Remember - it is cheaper to throw on a sweater in the morning than to crank the heat and run around in a t-shirt

Elder 5 Residence Projects

We are finalizing our second phase of the application project and upon approval will be submitting the RFP to contractors.

Our expected construction date will be May 2021 with a completion of October 2021.

On-Reserve Work Orders

Please note that work/ maintenance requests must go through Jenn. When people catch the guys, you are pulling them off on-going projects and slowing down our production time.

At this time with COVID, it is okay to not fill out the paper form; however please do one of the following:

Call: 250-827-3968

Text: 250-261-0850

Email to jdavis@doigriverfn.com

To those members that have been faithfully contacting me first - thank you!





LANDS DEPARTMENT

Forestry Update

Chronic wasting disease - Chronic Wasting Disease (CWD) is a fatal disease that affects deer, elk and moose. It infects the animal's brain which causes it to behave strangely, lose bodily functions, become scrawny, and eventually die - it is like "mad cow disease" found in cattle.

There aren't any cases of CWD in British Columbia, but there have been confirmed cases in at least 24 states and 2 provinces, as well as other countries around the world. The Peace region is one of the most at-risk areas for CWD because of how close we are to Alberta where there are confirmed cases of CWD. This means there's a higher likelihood of an infected animal being transported through the BC Peace region as people may hunt in Alberta and bring animals back to BC.

CWD is transmitted from animal to animal through body fluids or contact with contaminated food, soil, or water. An infected deer's droppings could infect soil or hay that is then transported to a new location and could transmit the disease to local deer/moose/elk populations.

Parts of Alberta have mandatory CWD testing, and BC currently has voluntary testing. Testing consists of submitting a frozen animal's head to local freezer pickup locations. Testing is very important for determining whether CWD has come to BC. Freezers can be found at the locations listed below, but if there is enough interest at Doig, we could establish a community drop-off spot. If you have any questions please talk to Lori or Sara in the Lands Department.

- North Peace Rod and Gun Club (Charlie Lake)
- Stan's Meats (Baldonnel)
- Peace Vale Meats (FSJ airport area)
- Ministry of Environment at the Beaton Building in FSJ - large building at 110th Ave and 100th St.



Firewood

Canfor dropped off a load of logs to be used for firewood through the winter. Ian and Tim Apsassin have split some for delivery to Elders and the log deck is available to anyone who wants to go and cut some for their own use. The log deck is on the turnoff to the sawmill from the Doig Road.





LANDS DEPARTMENT

Garden



Bess and Monika from NEAT helped Sara plant approximately 1500 cloves of Georgian Fire garlic in September. Garlic is planted in the fall and is hardy enough to survive freezing soils and long winters - it's often one of the first plants to pop out of the soil in spring. Each clove of garlic will grow into a bulb to be harvested next August. If all goes well, there should be 1500 cloves of garlic to harvest next year! In addition to eating the garlic, we can use some of the harvest to replant the following year. Garlic is a great, self-sustaining crop that minimizes the need to buy seed garlic from outside sources. The Georgian Fire variety is said to have a bold flavour with medium heat and light purple skins.

Oil and Gas Update

New Employee

Lands has hired Wes Rothlisberger as DRFN's new Oil and Gas Program Manager. Wes has years of experience in the oil and gas industry and has developed and implemented safety and training programs. These skills will be a great asset to DRFN's Land department. Wes started in October and once he settles in, will oversee all consultation and oil and gas related projects on behalf of DRFN. Welcome Wes!



Lands' Events



Community Open House

In October, the Lands' staff hosted an open house to solicit input for several projects. It was well attended and we got some valuable feedback from members. The files we reviewed were:

- Crown land sale at Nataayae
- Forestry Agreement
- Land Code discussion
- Habitat restoration polygons
- A burnt wood harvesting and replanting project in KTP

If you want to learn more about any of these projects, please contact the Lands staff.



LANDS DEPARTMENT

Field Trips



At the request of Sam Acko, the Lands Department, along with the Cultural Heritage Resources and Language Department, hosted a gathering at KTP in late October. The turnout was fantastic and we had the pleasure of hearing Beaver language stories from DRFN elders.



Project Updates

Dormant Well Nominations

Indigenous communities were invited to nominate dormant wells to receive provincial funding to speed up reclamation on those sites. DRFN Lands' staff reviewed over 3,000 sites to determine which were the highest priority for reclamation based on the following criteria:

- Whether they were in or near TLE and KTP
- How close they were to a feature important to wildlife such as a lick or den
- Whether they were on land owned by DRFN or DRFN members
- Whether they were in an area of importance to the community that is used frequently or near a cabin
- Whether they had spills at them or were a risk for contamination

A total of 255 dormant sites were nominated by DRFN Lands department for provincial funding: 100 of these were within TLE and KTP. Zack King, the Lands GIS technician, was instrumental in this project. He mapped all the sites and developed the prioritization system we used to make the nominations.





LANDS DEPARTMENT

Traditional Use Study

The traditional use study for the projects listed below continues:

- Enbridge Frontier Pipeline
- NGTL: Valhalla and Saturn Pipelines
- North River Midstream North East BC Connector
- BC Hydro North Montney Electrification



The information collected during the study is very valuable. It will go into the cultural archives and will be used to understand the impacts of the projects (and future projects) on DRFN's ability to practice treaty and indigenous rights. MNP is working on mapping the information gathered during interviews and field trips and preparing the draft reports and maps.

Invasive Plant Training and Employment



Lori and Chasity completed a 2-session course on invasive species identification by the Invasive Species Council of BC. The course focused on invasive plant and animal species that could be a threat to local ecosystems, indigenous plant communities, livestock, agriculture or human health.

Future training sessions could be done if there is interest. Trained people will be able to survey areas such as gravel pits, roads and farms. If invasive species are found, they will be able to develop plans for management of them and removal as needed.

If you're interested in future training and work with invasive plants, please contact Sara in the Lands Department.

Wildlife

Wolf cull

Reminder that the bounty for a wolf is \$700. The program will run all year.

Wildlife Sightings

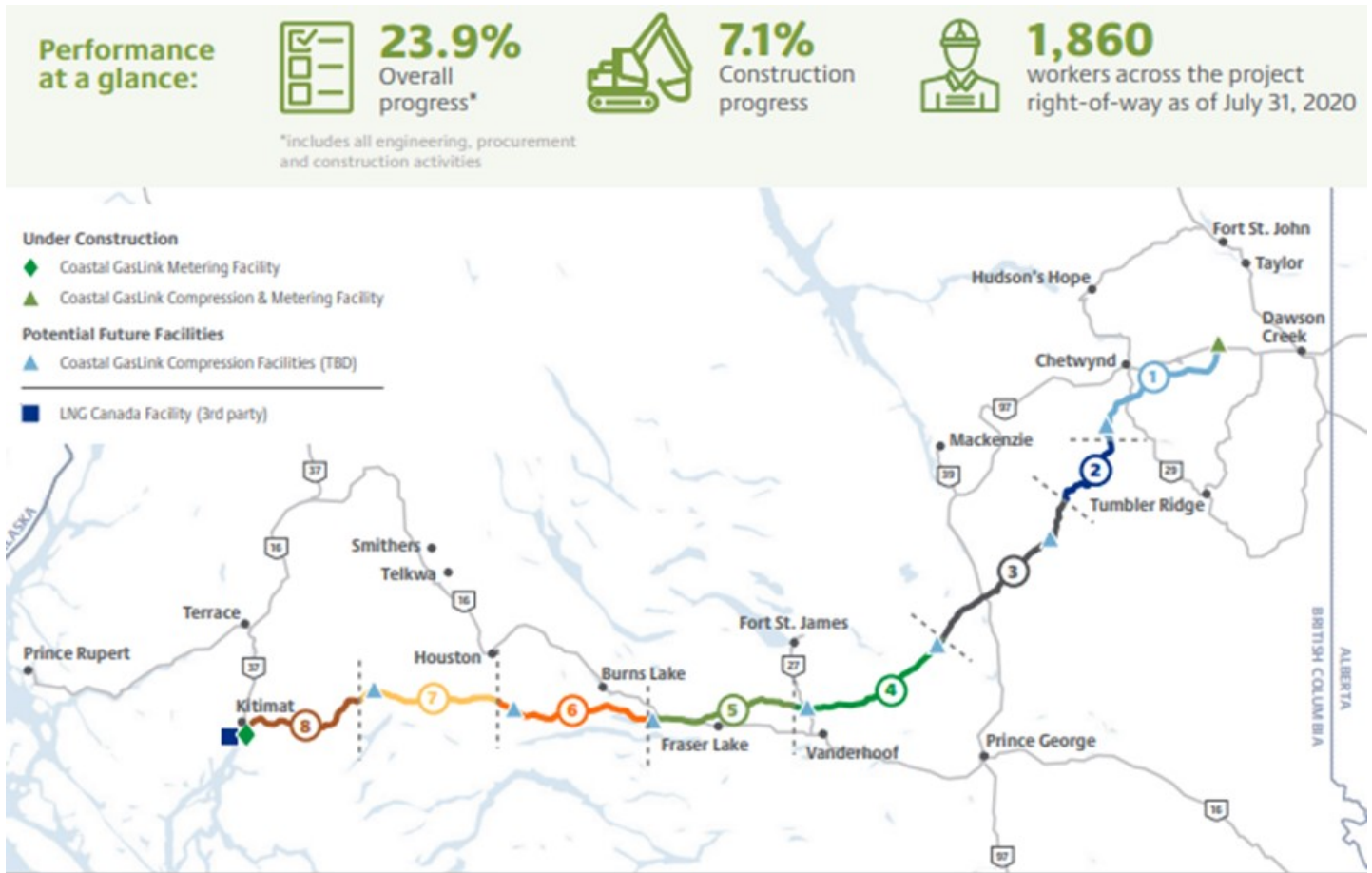
Hunting season is here. If you suspect poaching activity, please call the rap line at 1-877-952-7277. They will need a license plate number, description of vehicle, location of activity, date, and time. Please also, bring this to the attention of lands.



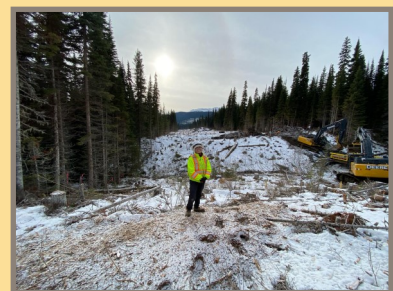


LANDS DEPARTMENT

CGL Update



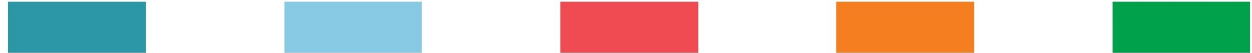
Mabel Harding (left) and Kaylynn Davis (right) on the job at the CGL Pipeline project. Mabel is undertaking construction monitoring and acting as the community liaison.





COVID-19:

Keep Gatherings Small During the Fall



The FNHA is encouraging First Nations individuals and communities to continue observing physical distancing, maintain small social bubbles, and avoid gatherings as the daily count of new COVID-19 cases remains high.

Acting Chief Medical Officer Dr. Shannon McDonald said that a recent spike in COVID-19 positive tests in BC First Nations communities shows that the threat remains real. The virus does not respect closed roads and checkpoints, and it spreads during ceremonies and large gatherings that then become known as “super spreader” events.

RECENT DATA (AS OF OCT. 6, 2020) SHOWS THAT STATISTICALLY THE COVID-19 POSITIVITY RATE AMONG BC FIRST NATIONS PEOPLE IS RISING:

- 325 per 100,000 people among BC First Nations
- 175 per 100,000 people among other British Columbians
- 74% of cases occur in community clusters/gatherings
- 4.5% of tests for First Nations individuals are positive
- <2% of tests for British Columbians as a whole
- 451 total cases among First Nations since March 1, 2020
- 185 active cases

As COVID-19 cases rise in First Nations communities, Dr. McDonald is recommending that people limit their bubbles to their immediate families, communities and Nations.

LARGE GATHERINGS AND FUNERALS HAVE BEEN CITED AS CAUSES THAT LED TO SEVERAL COVID-19 CLUSTERS. ALTHOUGH FUNERAL RITES FOR LOVES ONES IN INDIGENOUS CULTURES ARE OFTEN HELD IN ACCORDANCE WITH TRADITIONAL CEREMONIES IN LARGE GATHERINGS, IT'S IDEAL TO TAKE PRECAUTIONS:

- Small: Fewer than 10 people
- Outdoors only, such as a graveside ceremony
- Make larger group plans at a later date when it's safer

COVID-19 is particularly dangerous for Elders, those with compromised immune systems, or people with pre-existing health conditions.

The FNHA is urging people to treat one another with [kindness](#), love and respect as the best way to come through this crisis. Stigma creates fear, and fear stops people getting tested and this makes it hard to prevent the spread in the community.

To keep yourself, your family and your community safe, please observe the [COVID-19 safety guidelines](#).



CULTURAL HERITAGE RESOURCES & LANGUAGE DEPARTMENT



DRFN CRAFT & FUR PROGRAM

Calling all members who make crafts and have furs to sell!

Our new Cultural Heritage and Resources Department is setting up and managing our Fur and Craft Program and we are looking for crafts and furs from members of the community to sell on your behalf.

Looking for Christmas gift ideas?

Our Fur and Craft Program has them! Drop by the Administrative Office between 9:00 a.m. and 4:30 p.m. Monday to Thursday to see our beautiful, unique items.



DRUM MAKING WORKSHOP

There are uplifting and powerful examples of Dene reunification and nation building happening between DRFN and other communities. The Doig Drummers (Garry, Sam, Jack, Les, Robert and Trail) did a drumming workshop for PRFN's school in the middle of September. There will be a similar drumming workshop with HRFN at the end of November. The Doig Drummers also have plans to have more drumming workshops in our community again very soon.

Sharing the knowledge of how to build drums and the songs of our ancestors will bring back unity and support for each other. When we hear drum songs, we just know that we have belonging in the spiritual space we create

and connection to our ancestors. This is where we are most joyful and grounded to who we are as Beaver people.

DRFN will continue to do positive reaching out to other Dene-Beaver communities. We want to celebrate and pay attention to each other's strengths. This is about reclaiming our connections, how we govern ourselves, bringing back our traditional protocols, and taking back our roles in taking care of each other. We want the Dene-Beaver people to feel empowered again through the Drum and our Nachr (Dreamers).

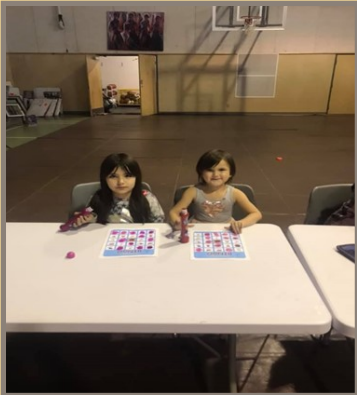


PRFN Youth with their drums made at the drum making workshop with Doig Drummers. Photo credit: PRFN





CULTURAL HERITAGE RESOURCES & LANGUAGE DEPARTMENT



Kamdyn (chipmunk) and Kenlee (ant) were really happy and excited to see their names given to them

Je aa haanach'e

Amy Acko here, just wanted to talk about the success of our Beaver Bingo held on October 28th and 29th with the adults, staff, and children. I'm sure a few of you learned a new word to add to your personal dictionary. The kids expressed great enthusiasm dur-

ing the exercise even asking about when the next bingo is going to happen. I was especially excited when the children were repeating the words after they heard them. Hopefully, they get addicted to learning the language.

The adults had a good laugh, and great prizes. Thank-you Colleen Apsassin and Madeline Oker for organizing and shopping for the wonderful gifts everyone enjoyed. Also, thank-you to Madeline Oker, Billy Attachie, and Annie Acko for calling out the bingo. I cannot wait to do this again, I am excited for the future projects we will be having with the kids.

Wuujp aasanaláá?



Pauline Attachie and her grandson Blake



Cole Lineham and Paige



Wynette & Ocean
Chasity & Trey

Je aa haanach'e

Our trip to k'ih tsaa?dze Tribal Park was once again a success in bringing together our Elders and family members to discuss our lands and how we want to deal with upcoming projects.

The drumming, smell of fire, meat cooking beside it, tea boiling and laughter.

Brings back nothing but good memories for our people and being in a comfortable environment. Having a good mind set will help us discover our true potential for making big decisions. The language talk was great too. We are coming up with a plan to develop and get all of our Beaver language accessible to our community members as fast as possible

Wuujp aasanaláá?

Amy Acko





NOVEMBER BIRTHDAYS

Natasha Attachie	November 1
Florida Metecheah	November 3
Sue Carter	November 4
Vincent Davis	November 8
Taliann Pouce Coupe	November 10
Dash Acko	November 11
Carrolyn Attachie	November 12
Josh Apsassin-Paquette	November 13
Eric Harding	November 14
Lena Oker-Sokoluk	November 15
Hunter Attachie	November 17
Kaeden Davis	November 17
Justine Raposo	November 17
Ashely TeBulte	November 19
Justine Pouce Coupe	November 20
Irma Bartlett	November 21
Hayden Acko	November 21
Lynkyn Badine Attachie	November 21
Carla Farquhar	November 21
Jordie Acko	November 22
Alison Tamara Askoty	November 25
Daniel Carter	November 26
Dayne Schadlich	November 26
Nikolas Green	November 27
Matias Muskego	November 30

HAPPY BIRTHDAY EVERYONE!! :)



DOIG RIVER FIRST NATION

HEALTH & WELLNESS FAIR



Nutrition, Stress, & Exercise
Smoothie Bar
Door Prizes



WHEN: NOVEMBER 12TH, 2020

TIME: 10:00AM - 2:00PM

LOCATION: GYMNASIUM



Limit of 10 members in the gym at a time.

Masks must be worn.

Stay home if you are sick.



COMMUNITY SCRAPBOOK PAGE



Enjoying pizza at Teen Night



Playing dodge ball
at Teen Night



Lands Community
Open House



Homework Night

**Make sure you test
positive for your
faith. Keep your
distance from
doubt, and isolate
yourself from fear.
Trust in God
through it all. Amen**



Halloween Fun!



DOIG RIVER FIRST NATION

Box 56

Rose Prairie, BC

V0C 2H0

250-827-3776

reception@doigriverfn.com

