

COMMUNITY SCRAPBOOK PAGE



Exciting to see the new staircase constructed by Northern Legendary and funded by New Spaces BC Childcare Funding.



Smiles of the day!

Wenonah, Frank, Janaya & Michael Laboucan celebrating the amazing attendance award! Thank you to Michaela Bjorseth from Enbridge who stepped up and generously donated 2 Chromebooks for the kids and Surepoint for a \$100 Google Play Card.



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DANE-ZAA ADISHTL'SH



February 2021

DOIG RIVER FIRST NATION



Following is the write up from Volume 2/Issue 1, January 2021 Regulatory Affairs Quarterly on our own, Lori Lineham, member of the Aboriginal Liaison Program (ALP)

Q: What is the Aboriginal Liaison Program (ALP)?

A: A partnership between Indigenous communities in northern B.C., the Commission and other natural resource agencies for compliance and stewardship monitoring, and emergency management. Pictured on the right, Lori Lineham, Doig River First Nation Oil and Gas Liaison, provides expertise and knowledge of natural resource regulations for her community and shares Indigenous knowledge with oil and gas inspectors when monitoring oil and gas related activities.

More information on the ALP can be found here: <https://www.bcogc.ca/how-we-regulate/engage-with-indigenous-communities/natural-resource-aboriginal-liaison-program/>.



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INTRODUCING OUR NEW LAND CODE COORDINATOR

JASMINE POUCE-COUPÉ



Hello DRFN friends and family,

My name is Jasmine Pouce Coupe and I was recently employed as your new Land Code Coordinator! For those of you who don't know me, I am Carl Pouce Coupe and Dorothy Zunti's daughter.

I moved back into in the Peace country about 13 years ago. My work history is comprised of being a florist for many years at my Mom's flower shop in Summerland, BC before she sold it to pursue other interests. When I returned to Fort St. John, I kept with the flower theme and worked at Flowers by Tamee and Petals N Blooms.

From there I entered into the oil and gas industry because the work was plentiful and I was eager to start learning new things. I was hired at Service On Site as their Parts Person. I learned much from working with them and their millwrights and will always be very appreciative of the knowledge I gained while working there for 6 years. However, another opportunity arose and I had to look into it! I moved on to Apex Distribution where I was hired as an Inside Salesperson and I was employed for almost 4 years. I enjoyed working there and made some great friendships along the way. I had every intention of staying with Apex until the end of working career because it was a great company to work for and they treated the people who worked for them with respect and gratitude.

However, that wasn't to be my journey. One day I saw a job posting on the Doig River Facebook page looking for a Land Code Coordinator and the more I thought about it, the more it felt right to submit my resume. I feel like this opportunity is a gift and I intend to treat it as such. I have a lot of learning to do but I know with the help of the family and the members of DRFN, I can't fail. I am so proud to be a DRFN member and make this history with you all.

I can't wait to help create the Doig River FN Land Code and begin our journey to independence together!

Jasmine



DANE DZENE (BIRTHDAYS)

Kaelyn Oker	Feb 2
Jerzey Sark	Feb 2
Larry Davis	Feb 3
Rita Glover	Feb 3
Madison Acko	Feb 4
Jean Born	Feb 4
Angela Nicolson	Feb 5
Brittany Brinkworth	Feb 6
Keenan Makadahay	Feb 6
Johnny D Oker	Feb 6
Jeremy Rothlisberger	Feb 6
Dayton Schadlich	Feb 8
Danielle McPhee	Feb 9
Easton Oker	Feb 9
Mason Oker	Feb 9
Devin Oker-Teed	Feb 9
Morgan Makadahay	Feb 11
Samuel Rothlisberger	Feb 12
Lawrence Paquette	Feb 13
Lester Davis Sr	Feb 14
Sydney Lafleur	Feb 14
Jacob Barret	Feb 18

Jordon Stoney	Feb 18
Roger Pouce Coupe	Feb 19
Gary Daniels	Feb 20
Jacqueline Oker	Feb 21
Rene Dominic (RC)	Feb 22
Sevin Johnny	Feb 22
Levi Neudorf	Feb 22
Jodie Acko	Feb 23
Bernice Attachie	Feb 23
Kelvin Davis Jr	Feb 23
Wayne Rothlisberger	Feb 23
Justin Davis	Feb 24
Doreen Fletcher	Feb 25
Margaret Rothlisberger	Feb 26
Shania Apsassin-Paquette	Feb 27
Kier Lewis	Feb 27
Lori Lineham	Feb 27
Jayron Acko	Feb 28



CULTURAL HERITAGE RESOURCES & LANGUAGE DEPARTMENT

JOIN US!

Dane-zaa Zààgaé (Beaver Language) Weekly Practice

WHO: DRFN Members

DAY: Every Wednesday

TIME: 1:00 pm to 2:00 pm

WHERE: ZOOM Video Call \*see below for connection information

DRFN's Cultural Heritage Language Department now has a standing weekly virtual learning event for Dane-zaa Zààgaé Linguistic Language Practice.

Billy and DRFN's linguist friends, Patrick Moore and Gabriele Schwiertz, will be guiding everyone through various exercises to get familiarized with the pronunciation of the dialect as well as recognition of the dialect in the writing system. As well, phrases will be build out to highlight the many verb stems and sentence structures in Dane-zaa Zààgaé.

This weekly event is open to DRFN community members and staff. Please note that teaching is organic. For beginners, the style, format and delivery may seem very focused on the linguistic studies. However, there is real value in taking part each week to hear the pronunciation of the dialect and to see how it is reflected in the alphabet.

Thus far, we have only had a few weekly virtual learning events, so in time it will grow to meet more needs of its regular participants.

We hope you can join us. Please help spread the word to DRFN community members!

\*If you are unable to join during the time offered, we can send you video recordings of each event. If you want the recordings, please e-mail [reception@doigriverfn.com](mailto:reception@doigriverfn.com) to be added to our Dane Wajich (People Speak) e-mail list.

ZOOM Video Call - Connection Information

Join Zoom Meeting

<https://ubc.zoom.us/j/7736822865?pwd=THVqckRRTDBzN24xT2pjVHhTUXJZQT09>

Meeting ID: 773 682 2865

Passcode: 913366

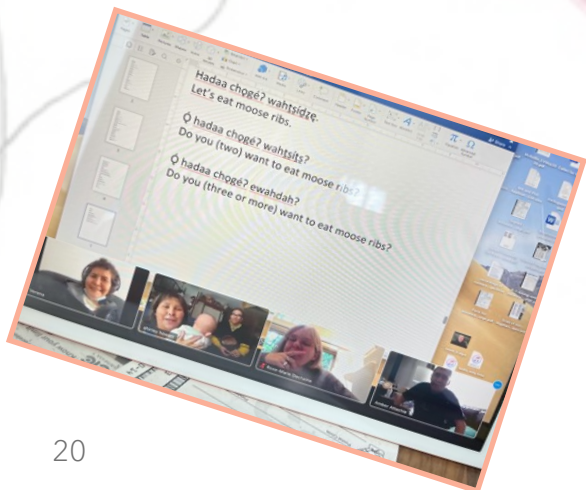
Join by SIP

[7736822865@zmca.us](mailto:7736822865@zmca.us)

Join by H.323

69.174.57.160 (Canada)

Meeting ID: 773 682 2865



INTRODUCING OUR NEW PLANNER

OWEN BLOOR

Hello Doig River First Nation,

I'd like to introduce myself and tell you a little about my background. I graduated high school from North Peace Secondary in 1984. I then went on to work on the drilling rigs for Newmat Drilling on Rig #24 for the next few years until 1989 when I bought my first tank truck and leased it to Koch Oil Ltd. I worked in this profession providing specialty hauling of fluids for the production and completions sectors within the oil and gas industry for approximately the next 20 years switching from Koch Oil to Compass Transfer around 1992.

In 1999 I made the change from working in the oilfield to becoming a student again and went back to school. In 2004, I graduated from the University of Northern British Columbia with a Bachelor of Science majoring in Environmental Planning. I then became an Environmental Consultant, later moving into a management role where I took over the responsibility of Human Resources and Fleet Management for a local company.

In 2009, I was hired by the Peace River Regional District as their Land-Use Planner where I worked until 2015. That year I was involved in a major motor vehicle accident that left me with an injury that prevented me from continuing with my duties.

In 2019, I returned to school at the University of Waterloo to obtain my master's degree in Planning which I will complete by the end of summer 2021.

In my spare time I enjoy golfing during the summer months, during the winter I tend to focus more on schoolwork and time with my family. My parents are both 76 years old now, so I like to spend as much time with them as they let me as I have grown to realize the importance of family as I become older.

Owen





## SQNIYYAA (FINANCE DEPT.)

Hello from Finance!

### New Finance Manager & Syd's Maternity Leave

Sydney has her position posted and is hoping to have it filled so a new Finance Manager will be trained by the time she leaves in April!

### Important Dates and Reminders:

- Casual timesheets must be to be to managers Monday mornings
- Cheques (other than patient travel) are released Thursdays
- SA, Elders, and 8-12 Allowance Cheques are going to be available February 25th, 2021
- Please ensure Finance is made aware of any address changes as they happen

THANK YOU!

Darlene, Amanda, Starr and Sydney

## CULTURAL HERITAGE RESOURCES & LANGUAGE DEPARTMENT

Dane-zaa zaagé (Beaver Language Practice)

**Saa NaK'aase**  
February

Valentine's Day Writing Paper 9

Name: \_\_\_\_\_ Date: \_\_\_\_\_

32ch'e

**Nwaasche?**  
I will love you  
**Ihwaq wuuchie?**  
To love each other  
To love **Wpche?**  
To love **Wag Wpche?**  
To love **Nasche?**

**Wpcheh**  
love  
**Waa Wpche?**  
You love something

**Qht'e Saadze? Nasche?**  
To love you with all my Heart

**Se Ne Jigeaa Waah**  
**na d'laa**  
You make me Happy

**Wpcheh**

**Nasche?**

What did the calculator  
say to the pencil on  
Valentine's Day?

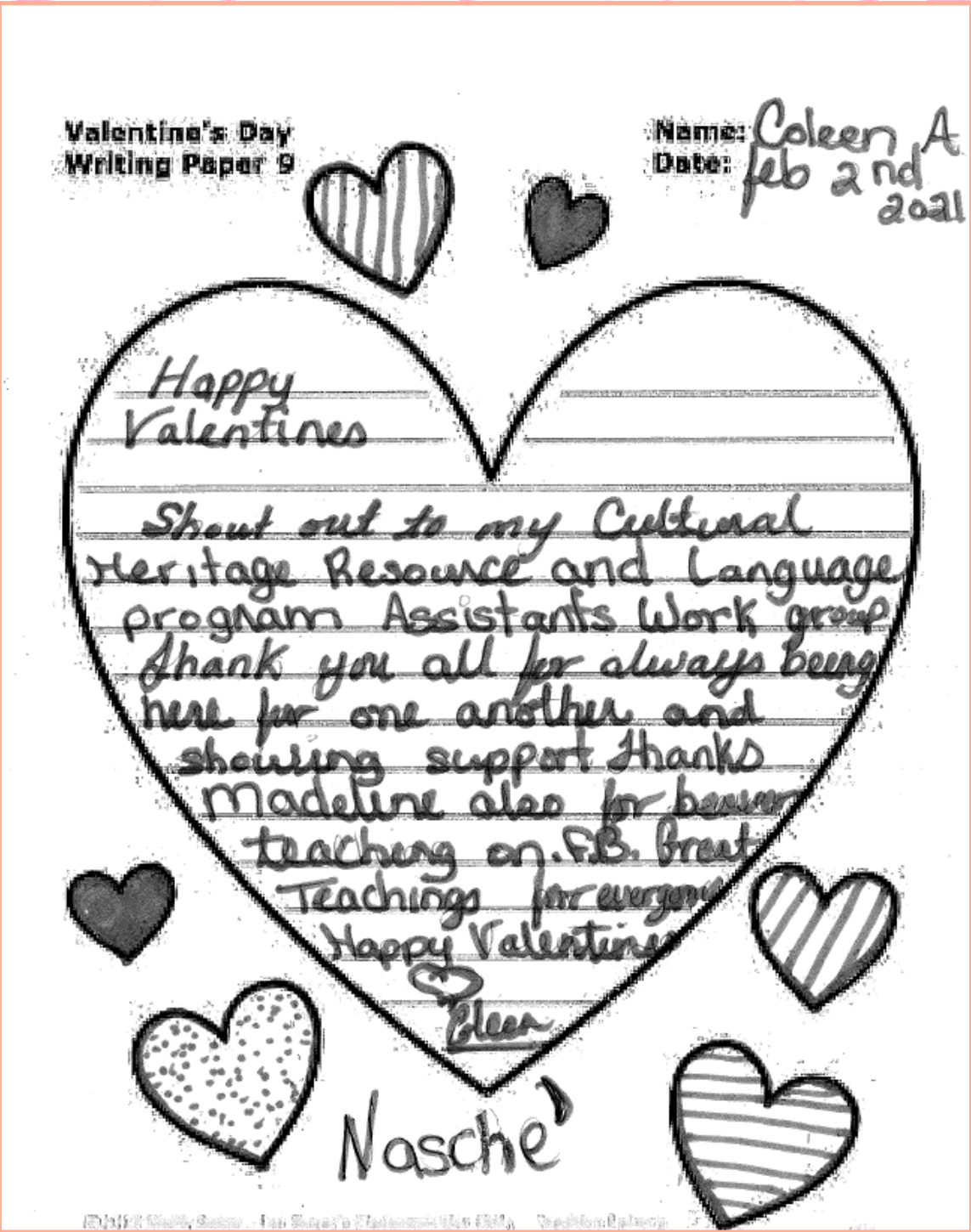
✱  
"You can always  
count on me."

Dear Love,

✱ You be my debit,  
✱ I'll be your credit,  
✱ and we'll balance each other out.



Dane-zaa zaagé (Beaver Language Practice)



Well, January whipped right past us and here we are in February already! Here are some updates from our department.

COVID19 Vaccines

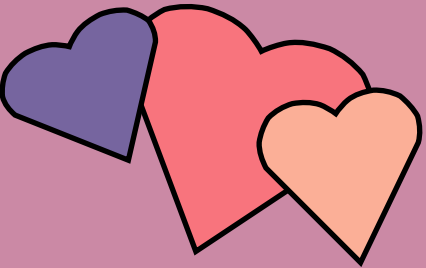
On the Vaccine front, Doig River First Nation was fortunate to secure 40 doses of the Moderna vaccine, so 40 of our members have been given their first dose towards protection against the Covid-19 virus. Hopefully we will have more good news coming about more vaccine clinics in the near future.

Family Day

February 15th is Family Day in British Columbia, so we are working out the details for families to book appointments for family photos shoots. We don't have the dates yet, but will let everyone know when we do. These shoots will be at the Doig River Administration building. We will also be posting a family day photo contest via the Doig River Facebook page so stay tuned! We will keep everyone posted.

Valentine's Day

February 14th is, as everyone knows, is Valentines Day.



Anti-Bullying Day

February 24th is Anti-Bullying Day (Pink Shirt Day). We have pink t-shirts on order, so give Teree or Teresa a call - if we have extra, we will be giving them out to members.

Support to Everyone

I just want to remind everyone that even though we cannot gather, your Doig River Administration staff will continue to be creative and keep people connected in as many ways as we can.

If you are feeling lonely or disconnected, please give anyone at the Band Office a call and we will connect you with someone to talk to.

None of this past year has been very easy, but we just need to stay steady, be safe, keep our bubbles small, wash our hands, and always be kind.

We will be gathering again. I am so excited for the day we can host Dane Che Uu meetings, and listen to the Elders talk in Beaver and listen to them laugh. I am also very excited about the new arbour - what a joy that will be to hear the songs and the drums, and watch people dance.

Keep sending out positive thoughts to the universe - you never know who is listening!

Much love to you all,

Teree





Je aa haanach'e;  
I hope you are all well. January seemed to slip by and now we are well into February.  
Our youth group has been going to a the Equine Assisted Learning (EAL) program at Wyld Acres just out-side of Fort St. John. We are looking at continuing with the program until spring. If there is interest, this may become an ongoing program.



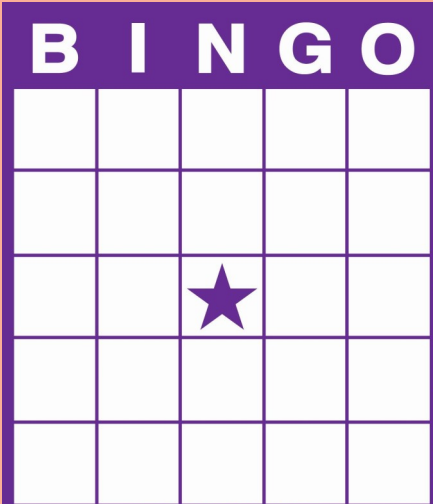
In the EAL program, youth are able to participate in a two-hour session that allows them to focus on the horses and the tasks given by their instructor. So far they have learned how to be gentle and respectful with these beautiful horses and they are also learning how to work as a team. Here is some more information about the program:  
EAL is a proven, powerful experience of 'learning by doing'. Horses provide a tremendous grounding and teaching platform as you step into 'their' classroom and learn about yourself, others and grasp important, advanced life skills.  
The EAL program is inclusive regardless of age, ability, education or experience. Participants report positive learning outcomes around:

- ◆ Confidence
- ◆ Leadership abilities
- ◆ Teamwork
- ◆ Communication
- ◆ Trust
- ◆ Creative thinking
- ◆ Self-awareness
- ◆ Remaining calm under stress
- ◆ Reduced anxiety
- ◆ A sense of being able to focus and relax at the same time.



WATCH FOR-->Word of the Day!

We love Madeline's Beaver Word of the Day that she shares by video on her personal Facebook page (under Marlene Benson). This gives us something to look forward to and helps us practice Dane-zaa Záágaé every day. □  
Billy also shares our excitement and comes up with word suggestions for Madeline. Many people are calling Billy in hopes that he will give away the meaning of the word.  
Popularity has grown and many from other communities are joining in on guessing the word each day. Even CBC has learned of Madeline's Beaver Word of the Day and wants to speak with her to learn more about it!



PLAY VIRTUALLY ONLINE

Saturday, Feb. 27th, 2021  
6:00pm-7:30pm

Coleen has been working hard on coming up with a plan to get Beaver Bingo going online so we can all play together; no matter where you are, the packages will be available to everyone. Coleen has put a lot of thought and care into creating packages that have additional learning materials and wellness. There will be items for both kids and adults.  
To get your package and instructions on how to play online, please visit the reception desk at the office or e-mail capsassin@doigriverfn.com.





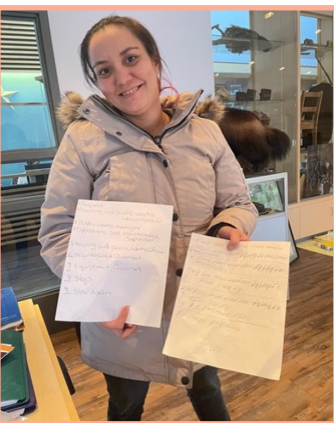
Words, Words, & MORE Words in Dane-zaa Záágaé



We have been keeping busy getting our Dane-zaa Zá-ágaé word and phrase collection into digital formats which will soon be stored in a language database and on the First Voices online user platform. Eventually, the collection will also be accessible in a language app. We are eager to hear and share the first batch of words with their new sound files. Stay tuned for notices of when this is done! We can't wait to see our language in action!!

DRFN's Dane-zaa Záágaé collection keeps steadily growing through the dedicated and hard work of Madeline Oker, Billy Attachie and the community's language keepers. Madeline has recorded over 1200 new words and each day she adds more to our growing inventory. Way to go lady!

We have a new member on our team too now - welcome Chasity Carter! She has been such a big help to Amy by getting projects organized and work flowing gracefully. Through both their efforts, close to 2000 words have been inputted into the Excel master spreadsheet.



With help from Patrice Villeneuve, Amy has led the set-up of our sound recording studio which is temporarily located in the Church's Elders' Room. Amber Attachie will be acting as our recording technician. She will soon record Billy and Bernice as they each say the words/phrases in the Dane-zaa Záágaé collection.



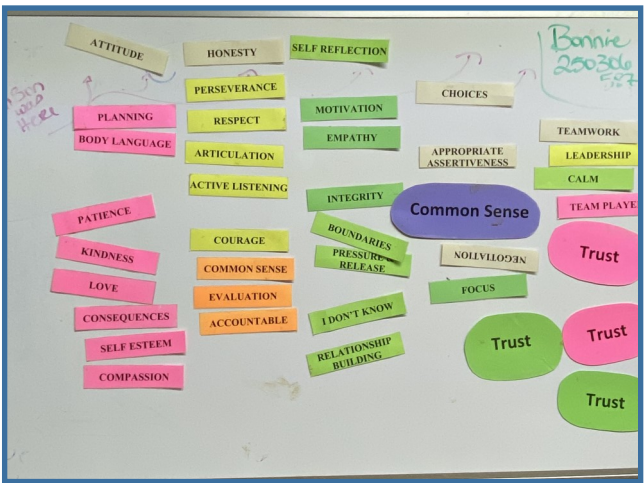
Translations and Language Planning

We continue to get requests for translations from DRFN's office staff and external parties. We recently did translations for the Lands, Housing and Public Works departments as well as North River Midstream. Verena and Savanah (of Urban Systems) have been doing interviews with language keepers in the community to receive input and direction towards DRFN's language plan. Be on the lookout for a online survey where we will be looking for further feedback from members.



The series of classes are highly effective for everyone, from corporate teams wanting to build leadership skills, families wanting deeper understanding and connection, people of all ages struggling with depression, anxiety, addiction or past trauma, couples wanting to explore communication and boundaries, sports teams building trust, or children who 'unplug' and learn compassion, trust and being grounded in a world filled with stress and pressure.

Not only do you gain instinctive skills when facing life's challenges, you get to do it in a fun, safe, and incredibly unique environment with some of the wisest natural teachers in the world! See: <https://www.wyldacresbc.com/>.







Where focus goes, energy flows.  
This is why we must always  
focus on what we wish to see,  
instead of worrying about  
what we don't want to see.



## SAFETY COMMITTEE



### Ice Safety

Please visit this informative link

<https://www.dnr.state.mn.us/safety/ice/thickness.html>



### Wood-burning Stoves, Fireplaces and Heaters

1. Always keep a screen around an open flame. 2. NEVER use gasoline to start your fireplace. 3. NEVER burn charcoal indoors.
4. Do not close the damper when ashes are hot.
5. Use only safe sources of alternative heat such as a fireplace, small well-vented wood or coal stove or portable space heaters. Always follow manufacturer's instructions.

### Animal and Pet Safety

1. Bring pets inside
2. Provide shelter and fresh water
3. Keep salt away from paws



### For More Information

<https://www.weather.gov/safety/cold-wind-chill-chart>

<http://www.ready.gov/winter-weather>

### Winter Vehicle Preparation

1. Check you battery
2. Check your fluids (coolant, wiper fluid, oil, etc)
3. Check your tires
4. Have jumper cables
5. Pack a blanket





SAFETY COMMITTEE

SELF CARE CALENDAR

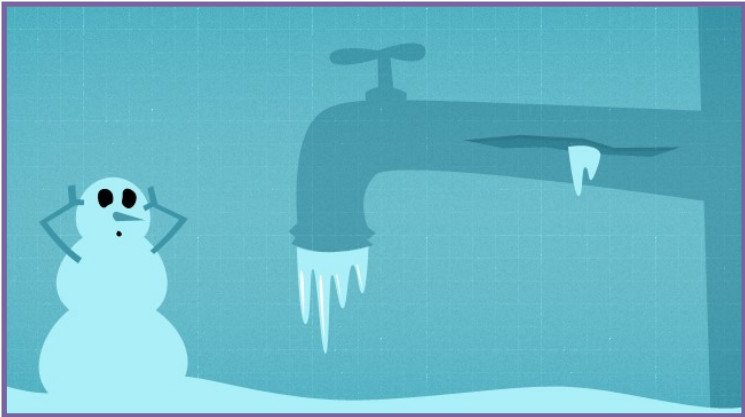
Protect Yourself from Frostbite and Hypothermia

1. Wear layers of loose-fitting, lightweight, warm clothing.

2. 2. Wear a hat. Try to stay dry and out of the wind.

3. Cover your mouth to protect your lungs from extreme cold.

4. Mittens, snug at the wrist, are better than gloves.



To Keep Pipes from Freezing on an Outside Wall

1. Let hot and cold water trickle or drip at night from a faucet.

2. Open cabinet doors to allow more heat to get to un-insulated pipes under a sink or near an outer wall.

3. Make sure heat is left on and set no lower than 55 degrees.

4. If you plan to be away: (1) Have someone check your house daily to make sure the heat is still on to prevent freezing, or (2) drain and shut off the water system (except indoor sprinkler systems).

If Pipes Freeze:

1. Make sure you and your family knows how to shut off the water, in case pipes burst. 2. NEVER try to thaw a pipe with an open flame or torch. Use a hair dryer instead.

3. Always be careful of the potential for electric shock in and around standing water.

Carbon monoxide poisoning is a silent, deadly killer claiming about 1,000 lives each year in the United States.

1. Install a carbon monoxide detector. 2. NEVER run generators indoors.

3. Open a window slightly when using a kerosene heater and follow the manufacturer’s instructions.

4. NEVER use a gas oven to heat your home.

14

2021

february

sun

mon

tue

wed

thu

fri

sat

This calendar was created by Alisa Froh, NE Community Engagement Coordinator

Alisa

1

GO : ICE FISHIN'

2

drink water

3

GO SLIDING

4

RE-TRY a food YOU DONT LIKE

5

BUILD A SNOWMAN

6

eat salad

7

Take A PHOTO OF THE SUNSET OR SUNRISE

8

give a STRANGER A COMPLIMENT

9

HAVE a fancy CUP OF tea

10

bake YOUR favorite DESSERT

11

NEW moon

12

WARR YEAR OF THE OX

13

ROAST HOT DOGS on a fire

14

DO something SPECIAL FOR YOURSELF

15

SPEND Time with your family

16

MEDITATE. MEDITATE. MEDITATE.

17

SHARE A PHOTO OF YOUR PET

18

JAM OUT TO YOUR favorite SONG

19

Take a selfie in NATURE

20

DRINK lemon water

21

Learn to cook something NEW

22

HONOR A HEALTH CARE WORKER

23

POST a photo of YOUR SMILE

24

UNPLUG AN HOUR BEFORE BED

25

Learn & SHARE A FUNNY JOKE

26

Treat yourself

27

FEED THE B.I.R.D.S

28

WRITE DOWN 3 GOALS for march

9





## Community Garden

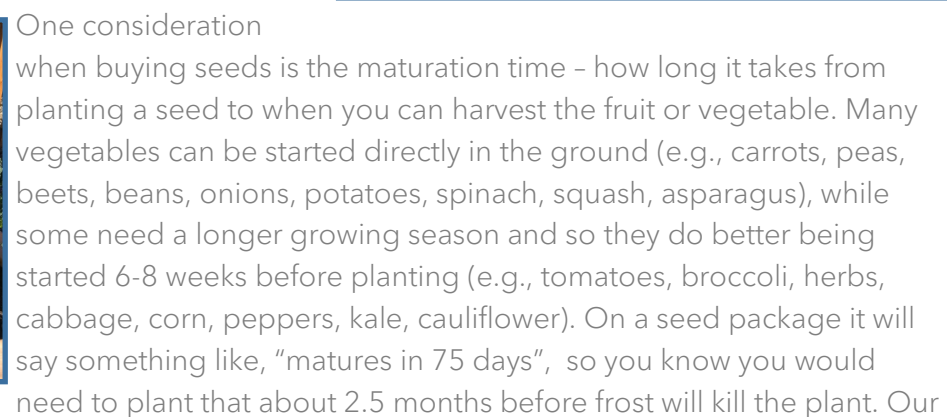


At this time of year, a lot of us are thinking towards the upcoming gardening season, and now is an exciting time to put some thought into what you would like to grow. If you are new to growing food and do not know where to start, think about what types of vegetables you like to eat and start there. We can grow a lot of different fruit and vegetables here, and growing food can

be a rewarding accomplishment. Start small and build on your successes each year.

## Time to Think About Buying Seeds

Buying seeds now can save you some stress later in the spring when stores start to run out of stock. Locally, you can buy seeds at Walmart, Home Hardware, Canadian Tire, Dunvegan Gardens, etc. These stores have a good selection of fruit, vegetable and flower seeds. There are countless sources for buying seeds online as well, where you may be able to find more unique varieties – check out <http://seeds.ca/diversity/seed-catalogue-index> for a list of seed companies in Canada.



growing season is about 3 months, depending on the weather that year, so something that matures in 75 days would easily grow here. If the package said it matures in 100 days, that would be pushing the upper limit of the growing season here.

In March we will be starting plants to grow at the Doig Community Garden, so come and check out their progress over the next couple of months in the office. Also, if you want to chat about anything to do with gardening, contact Sara in the Lands Department.



# CPP/NLC Program Update

Learning centre CPP/NLC Program is going well, close to halfway through the year! Sharon MacDonald is an amazing teacher and the Students are sure shinning up there! I was able to pop in this week, and see the different projects they are working on! I was so impressed their hard work is sure paying off!

## Who needs Tutoring?

We have sessions starting every Tuesday from 5-6pm come to the Learning Centre and we will get you set up on the internet and logged in this one will be online with Sharon! Saturdays from 11-1 at the Learning Centre will be in person with Sharon! If you are interested please let Teresa or Jodie know at the office and either one of the will get you set up!!! Grades 9+



Come chat with Jodie at the office she will get you set up, explain the new program and get started with the paperwork! She can also make arrangements to meet you intown if needed!!





Lands Photo Contest:

We received lots of great submissions for our photo contest. Here are some of the entries. We will announce the winner in the March newsletter and on social media. Thanks to everyone who participated!



Monitor Update

If you would like to go to work please email your valid tickets to (cbrinkworth@doigriverfn.com) or make an appointment to meet with Charmayne at the office.

Ch'pne' (Wolf) Bounty Program

Sponsorships are available for participation in the Wolf Control Program.

Lands Open House

On Wednesday Feb 3rd, 2021 an Open House was held in the gym. We had about 15 members attend to provide valuable input and feedback on some ongoing projects and initiatives. The topics at the open house were:

- ⇒ Land Code
- ⇒ Identification of the historical range of caribou
- ⇒ Understanding community concerns and perspectives about water withdrawals
- ⇒ Collecting community perspectives on the value and importance of water
- ⇒ Identifying seasonal camping locations and traditional use mapping information for use in consultations with industry and government
- ⇒ Grizzly bear management
- ⇒ Collecting Input for Sauteau First Nation tripartite land selections



\*Masks were removed for the purposes of the photo\*

If you would like more information about these projects or would like to provide your input, please contact the Lands Department and we will put you in touch with the correct people.

We are grateful that we were able to have this important event and keep participants safe thanks to everyone's compliance with the COVID-19 protocols.

Winners of the gift card draws were: Madeline Davis, Gordon Acko, Duane Davis and Vern Davis. Please come to the office to collect your prizes!

Thank-you for your input

